

Greenwood Academies Trust Secondary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
(V) Quorn Dippers R00255NL Sweet Chilli Noodles with Yellow Peppers & Broccoli R00157NL	(H) Chicken Balti R00209NL Rice R00104NL Naan Bread R00331NL	(H) Beef Burger R00783NL Un Seeded Bun R00541NL Hash Brown R00NL Mixed Salad R00328NL	Pork Sausage Roll R00389NL Mashed Potatoes R00100NL Baked Beans R00091NL	Scampi R00112NL Diced Potatoes R00532NL Peas R00092NL Mushy Peas R00774NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
(V) Vegetable Spring Rolls R00255NL Sweet Chilli Noodles with Yellow Peppers & Broccoli R00157NL	(V) Sweet Potato & Chickpea Curry R00031NL Rice R00104NL Naan Bread R00331NL	(V) Breaded Vegetable Burger R00105NL Un Seeded Bun R00541NL Hash Brown R00NL Mixed Salad R00328NL	(V) Vegan Sausage Roll R00292NL Mashed Potatoes R00100NL Baked Beans R00091NL	(V) Cheese & Tomato Omelette R00018NL Diced Potatoes R00532NL Peas R00092NL
Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice
(V) Macaroni Cheese R00503NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato & Pesto Sauce R00641NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Tomato and Basil Sauce R00252NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta Provençale R00179NL Crusty Bread R00550NL Mixed Salad R00328NL	(V) Pasta in a Arrabiatta Sauce R00134NL Crusty Bread R00550NL Mixed Salad R00328NL
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potato with a variety of fillings, Sandwich/Roll/ Baguette/Pasta Pot & Salad Selection.				
Please see our separate menus for Allergen information.				
Dessert Choice				
Raspberry Sponge R00564NL	Apple Flapjack R02169NL With Custard R00140NL	Cherry Cookie R02127NL	Chocolate Brownie R00633NL	Lemon Drizzle Cake R00333NL
Fruit Selection R02195NL Yoghurt Selection R01434NL Cheese & Biscuits R02116NL	Fruit Selection R02195NL Yoghurt Selection R01434NL Cheese & Biscuits R02116NL	Fruit Selection R02195NL Yoghurt Selection R01434NL Cheese & Biscuits R02116NL	Fruit Selection R02195NL Yoghurt Selection R01434NL Cheese & Biscuits R02116NL	Fruit Selection R02195NL Yoghurt Selection R01434NL Cheese & Biscuits R02116NL
A Selection of Fresh Fruit, Yoghurt & Fruit Pots are available as an alternative to Dessert.				
Please see our separate cake menu for Allergen information.				
All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

