CYCLING FOR TEENAGERS

FUNDED BY THE BIKEABILITY TRUST - GETTING MORE KIDS CYCLING, MORE OFTEN.



FULLY FUNDED SUPPORT - AVAILABLE NOW!

The Bikeability Trust recently awarded RideWise a grant to help get more teenagers cycling in six schools in Nottingham.

We're now reaching out to schools who could use this programme. We're able to support six schools with an incredible cycling support package. We'll tailor our support to you and your school. And, the outcomes will feed into a national programme to find new ways to engage young people in cycling. Examples of opportunities include Cycling PE lessons, supporting your own PE teams through lesson plans, fully qualified cycling instructor sessional delivery and bikes. Cycle confidence sessions, cycle games, free loan of bikes, supported cycle rides off site, route planning and Build a Bike workshops, where students build and then keep their own bike.

GET INVOLVED email us at customerservices@ridewise.org.uk phone us on 0115 955 22 88

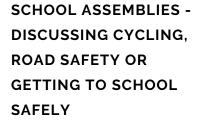


WAYS WE CAN SUPPORT YOU

There are lots of ways we could support your school. Here are a few of them.



IMPROVING USE OF ROADS AND SAFER CYCLING WITHIN NEIGHBOURHOODS







GIRLS BIKE CLUBS GETTING MORE GIRLS CYCLING IN YOUR SCHOOL

BRINGING BIKES AND QUALIFIED INSTRUCTORS INTO SCHOOLS FOR PE SESSIONS, ENRICHMENT CLASSES OR ONE TO ONE SUPPORT





BUILD A BIKE WORKSHOPS FOR YOUNG PEOPLE WITHOUT A BIKE, ENABLING THEM TO BUILD THEIR BIKE AND KEEP IT

Other options:

After school clubs

One to One support for students who can't cycle

Classroom based workshops

Road safety support

Circular cycle rides, to key local destinations

Cycle games

Support for non-cyclists

Improver support for developing cyclists

Confidence support for independent travel

FULLY FUNDED - FREE

